

**ASSISTED LIVING
ACTIVITY CALENDAR**

- Complete Care Whispering Woods - May 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Food Service Schedule: Breakfast: 7:30 am – 9:15 am Lunch: 11:15 am – 1:30 pm Dinner: 4:15 pm – 6:30 pm</p>	<p>Word Key DR= Dining Room LR= Living Room SL= Social Lounge A & C RM= Arts & Craft Room Li- Library</p>	<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE & ALL OUTINGS ARE WEATHER</p>	<p>"SPRING IS NATURE'S WAY OF SAYING, LET'S PARTY!" - ROBIN WILLIAMS</p>	<p>Evening Program Monday 5:00 Rummikub -LR 6:00 Wii Bowling -SL Wednesday 6:00 Movie-C</p>	<p>1 9:45 Morning Fitness -SL 10:20 Balloon Volleyball-SL 11:00 90+ Birthday Bash-L 2:00 Rosary -SL 3:15 Happy Hour</p>	<p>2 9:45 Morning Fitness -SL 10:00 Nail Spa - A& C RM 2:00 Wii Sports-SL 3:00 Bingo - A & C RM</p>
<p>3 9:45 Morning Fitness -SL 10:20 Trivia w/ Frank - SL 11:15 am* Catholic Mass -St. Francis Cathedral 2:00 Coffee & Tea Party! - B 3:00 Bingo - A & C RM</p> <p>HAPPY MOTHER'S DAY</p>	<p>4 9:45 Morning Fitness - SL 10:15 Out Trip to: Shop Rite -L 1:30 "On Golden Pond" - C 3:00 Creative Writing W/ Joanne -L</p>	<p>5 9:30 Massage Therapy W/Cheryl - LR 9:45 Morning Fitness - SL 10:20 Wii Bowling - SL 2:00 Cinco de Mayo Party! Music by Alfredo -SL 3:00 Karaoke Party! - SL</p>	<p>6 9:45 Morning Fitness -SL 10:20 Chat Hour w/ Rabbie Axe- SL 11:00 Lunch trip: LongHorn Steakhouse - L 2:00 Menu Planning -DR 3:00 Bingo! - A& C RM</p>	<p>7 9:45 Morning Fitness- SL 10:20 Trivia w/ Margaret -SL 2:00 Watering Garden- DR 3:15 Wii Bowling - SL</p> <p>WiiSports</p>	<p>8 9:45 Morning Fitness -SL 10:00 Nail Spa & Mimosas - A& C RM 2:00 Rosary -SL 3:15: Ice-cream Party! - B</p>	<p>9 9:45 Morning Fitness -SL 10:00 Nail Spa - A& C RM 2:00 Watering Garden- DR 3:00 Bingo - A& C RM</p>
<p>10 9:45 Morning Fitness -SL 10:20 Mother's Day Trivia - SL 11:15 am* Catholic Mass -St. Francis Cathedral 2:00 Coffee & Tea Party! - B 3:00 Bingo - A & C RM</p>	<p>11 9:45 Morning Fitness-SL 10:15 Catholic Mass In House by St. Helena-SL 1:30 "Mamma Mia" - C 3:15 Paper Flower Bouquet Decorating- A&C RM</p>	<p>12 9:45 Morning Exercise- SL 10:20 Soap Bar Making- A&CRM 2:00 Residential Monthly Birthday Party David B. - B 3:00 Karaoke Party! - SL</p>	<p>13 9:45 Morning Fitness -SL 10:00 Wine glass Painting 2:00 Resident Council- 3:00 Bingo! - A& C RM</p>	<p>14 9:45 Morning Fitness- SL 10:30 Creative Notion - A& C RM 2:00 Cupcake Decoration- DR 3:00 Chair Yoga -SL</p>	<p>15 9:45 Morning Fitness -SL 10:00 Women's Club: Prince Tea House -L 2:00 Rosary -SL 3:00 Mothers Day Tea Party !!- L</p>	<p>16 9:45 Morning Fitness -SL 10: 20 Watering Garden- DR 2:00 Wii Sports- SL 3:00 Bingo - A & C RM</p>
<p>17 9:45 Morning Fitness -SL 10:20 Trivia w/Frank - SL 11:15 am* Catholic Mass In House -St. Francis Cathedral 2:00 Coffee & Tea Party! - B</p>	<p>18 9:45 Morning Fitness - SL 10:15 Out Trip to: Dollar Tree -L 1:30 "Terms of Endearment" -C 3:00 Creative Writing W/ Joanne -L</p>	<p>19 9:45 Morning Fitness - SL 10:20 Music Nature Walk-L 2:00 Balloon Volleyball -A&C RM 3:00</p>	<p>20 9:45 Morning Fitness -SL 11:00 Lunch Order -In: Deli King - L 2:00 Monster Truck Race -B 3:00 Bingo! - A& C RM</p>	<p>21 9:45 Morning Fitness- SL 10:20 Trivia w/ Margaret -SL 2:00 Chair Yoga -SL 3:15 Wii Bowling - SL</p>	<p>22 9:45 Morning Fitness -SL 10:20 Monster Truck Race -SL 2:00 Rosary -SL 2:00 Watering Garden- DR</p>	<p>23 9:45 Morning Fitness-SL 11:00 Men's Club Lunch Trip: Chili's Grill & Bar - L 2:00 Monster Truck Race -SL</p>
<p>24 9:45 Morning Fitness-SL 10:20 Trivia w/ Frank - SL 11:15 am* Catholic Mass -St. Francis Cathedral 2:00 Coffee & Tea Party! - B 3:00 Bingo - A & C Rm</p>	<p>25 9:45 Morning Fitness- SL 10:15 Out Trip to: Wegmans -L 1:30 "Memorial Day" -C 3:00 Creative Writing w/ Joanne Memorial day theme -L</p>	<p>26 9:45 Morning Fitness- SL 10:30 Trivia -SL 2:00 Monster Truck Race -B 3:00 Karaoke Party! - SL</p>	<p>27 9:45 Morning Fitness -SL 10:00 Nail Spa - A& C RM 2:00 Chair Volleyball - SL 3:00 Big Money \$ Bingo! - A& C RM</p>	<p>28 9:45 Morning Fitness- SL 10:20 Trivia w/ Margaret -SL 11:00 Cinco de Mayo BBQ w/ Jimmy Sabini ~DR 2:00 Watering Garden- DR 3:15 Wii Bowling - SL</p>	<p>29 9:45 Morning Fitness -SL 10:00 Trivia w/ Frank -SL 2:00 Rosary -SL 3:15 Happy Hour and Mocktails -B</p>	<p>30 9:45 Morning Fitness -SL 10:20 Trivia -SL 2:00 Balloon Volleyball -B 3:00 Bingo - A & C RM</p>
<p>31 9:45 Morning Fitness -SL 10:20 Trivia w/ Frank - SL 11:15 am* Catholic Mass -St. Francis Cathedral 2:00 Coffee & Tea Party! - B 3:00 Bingo - A & C RM</p>	<p>MEMORIAL DAY REMEMBER AND HONOR</p>	<p>Eid al-Adha Mubarak</p>	<p>A mother's love is like a beautiful dream, enchanting, inspiring and fulfilling. Thank you for being the dream in my life, Mom. Happy Mother's Day!</p>	<p>Happy May May your May be a symphony of colors, as the world awakens from its winter slumber, painting the canvas of your days with the hues of spring.</p>	<p>I Love Bingo</p>	

**MEMORY CARE
ACTIVITY CALENDAR**

-Complete Care at Whispering Woods May ~ 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Food Service Schedule: Breakfast: 9:30 am Lunch: 12:00 noon Dinner: 5:00 pm</p>	<p>Word Key DR=Dinning Room LR= Living Room AL SL =AL Social Lounge AL B=AL Bistro CY= Courtyard AL A & C RM = AL Arts and Craft Room</p>	<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE & ALL OUTINGS ARE WEATHER PERMITTING!</p>			<p>1 9:30 Breakfast Time!- DR 10:00 Morning fitness - LR 10:30 Manicures w/ Volunteers -GR 12:00 Lunch Bunch 1:45 Courtyard Music Walk-CY 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>2 9:30 Breakfast Time -DR 9:45 Morning Exercise-LR 10:15 Calendar Chat - LR 12:00 Lunch Bunch 10:30 Trivia-DR 3:15 Cocktail Cart-LR</p>
<p>3 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 12:30 Lunch Bunch-DR 1:45 Garden Watering-MC CY 3:15 Cocktail Cart - LR 5:00 Dinner Prep</p>	<p>4 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Catholic Communion - LR 11:15 Bible Study w/ Kathy - GR 12:00 Lunch Bunch-DR 1:30 "Steel Magnolias" - DR 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>5 9:30 Massage Therapy - AL LR 10:00 Morning fitness - LR 10:30 Trivia-DR 12:00 Lunch Bunch-DR 1:45 Courtyard Music Walk-CY 2:00 Cinco de Mayo Party- AL SL 3:15 Karaoke Party - AL SL 5:00 Dinner Prep</p>	<p>6 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Guess Faces and Places - LR 11:00 Dessert Set up -DR 12:00 Lunch Bunch-DR 1:45 Spring Bingo! - DR 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>7 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Balloon Volleyball -LR 12:00 Lunch Bunch-DR 1:45 Courtyard Music Walk-CY 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>8 9:30 Breakfast Time -DR 10:00 Morning fitness - LR 10:30 Manicures w/ Volunteers -GR 11:30 Lunch Trip: Sherban Diner 12:00 Lunch Bunch 1:45 Courtyard Music Walk-CY 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>9 9:30 Breakfast Time -DR 9:45 Morning Exercise-LR 10:15 Calendar Chat - LR 12:00 Lunch Bunch 1:45 Guess the Animal - DR 3:15 Cocktail Cart-LR 5:00 Dinner Prep</p>
<p>10 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Ball Toss - LR 12:30 Lunch Bunch-DR 1:45 Garden Watering-MC CY 2:30 Hydration & Snack - LR 3:00 Mother's day Music by Evette- LR 5:00 Dinner Prep</p>	<p>11 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Catholic Communion - LR 10:30 Paper Flower Decorating - DR 11:15 Bible Study w/ Kathy - GR 12:00 Lunch Bunch-DR 1:30 "Terms of Endearment"-DR 3:15 Mothers day Tea Party! - LR</p>	<p>12 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 12:00 Lunch Bunch-DR 1:45 Mini Flower Bouquets -DR 2:00 Residential Monthly Birthday Party - AL Bistro 3:15 Karaoke Party - AL SL 5:00 Dinner Prep</p>	<p>13 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Guess Faces and Places - LR 11:00 Dessert Set up -DR 12:00 Lunch Bunch-DR 2:00 Mug Painting - DR 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>14 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Balloon Volleyball -LR 12:00 Lunch Bunch-DR 2:00 Cupcake Decorating - DR 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>15 9:30 Breakfast Time!- DR 10:00 Morning fitness - LR 10:30 Manicures w/ Volunteers -GR 10:30 Friday Fitness-LR 12:00 Lunch Bunch 3:00 Mothers day Tea Party! - AL Library 3:15 Cocktail Cart! - LR</p>	<p>16 9:30 Breakfast Time -DR 9:45 Morning Exercise-LR 10:15 Calendar Chat - LR 12:00 Lunch Bunch 1:45 Gardening Watering- MC CY 3:15 Cocktail Cart-LR 5:00 Dinner Prep</p>
<p>17 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 12:30 Lunch Bunch-DR 1:45 Garden Watering-MC CY 3:15 Cocktail Cart - LR 5:00 Dinner Prep</p>	<p>18 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Catholic Communion - LR 11:15 Bible Study w/ Kathy - GR 12:00 Lunch Bunch-DR 1:30 "Cleopatra" -DR 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>19 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Trivia - LR 12:00 Lunch Bunch-DR 1:45 Courtyard Music Walk-CY 2:00 Therapeutic Coloring -DR 3:15 Karaoke Party - AL SL 5:00 Dinner Prep</p>	<p>20 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Guess Faces and Places - LR 11:00 Dessert Set up -DR 12:00 Lunch Bunch-DR 1:45 Spring Bingo! - DR 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>21 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Balloon Volleyball -LR 12:00 Lunch Bunch-DR 1:45 Courtyard Music Walk-CY 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>22 9:30 Breakfast Time -DR 10:00 Morning fitness - LR 10:30 Manicures w/ Volunteers -GR 12:00 Lunch Bunch 1:45 Courtyard Music Walk-CY 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>23 9:30 Breakfast Time -DR 9:45 Morning Exercise-LR 10:15 Calendar Chat - LR 12:00 Lunch Bunch 1:45 Guess the Animal - DR 3:15 Cocktail Cart-LR 5:00 Dinner Prep</p>
<p>24 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 12:30 Lunch Bunch-DR 1:45 Garden Watering-MC CY 2:30 Hydration & Snack - LR 5:00 Dinner Prep</p>	<p>25 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Catholic Communion - LR 11:15 Bible Study w/ Kathy - GR 12:00 Lunch Bunch-DR 1:30 "Yankee Doodle Dandy"-DR 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>26 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Trivia-DR 12:00 Lunch Bunch-DR 1:45 Courtyard Music Walk-CY 2:00 Therapeutic Coloring -DR 3:15 Karaoke Party - AL SL 5:00 Dinner Prep</p>	<p>27 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Guess Faces and Places - LR 11:00 Dessert Set up -DR 12:00 Lunch Bunch-DR 1:45 Big Prize Spring Bingo! - DR 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>28 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 10:30 Balloon Volleyball -LR 11:30 Cinco De Mayo BBQ w/ Norine - DR 12:00 Lunch Bunch-DR 2:00 Spelling Bee - DR 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>29 9:30 Breakfast Time!- DR 10:00 Morning fitness - LR 10:30 Manicures w/ Volunteers -GR 11:30 Lunch: Denny's 12:00 Lunch Bunch 1:00 Memorial day music by Efrat -AL DR Gazebo 3:15 Cocktail Cart! - LR 5:00 Dinner Prep</p>	<p>30 9:30 Breakfast Time -DR 9:45 Morning Exercise-LR 10:15 Calendar Chat - LR 12:00 Lunch Bunch 10:30 Trivia-DR 3:15 Cocktail Cart-LR 5:00 Dinner Prep</p>
<p>31 9:30 Breakfast Time! - DR 10:00 Morning fitness - LR 12:30 Lunch Bunch-DR 1:45 Garden Watering-MC CY 3:15 Cocktail Cart - L 5:00 Dinner Prep</p>						