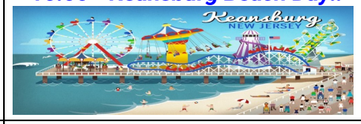
ASSISTED LIVING ACTIVITY CALENDAR

Complete Care at Whispering Woods August - 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Food Service Schedule: Breakfast: 7:30 am – 9:15 am Lunch: 11:15 am – 1:30 pm Dinner: 4:15 pm – 6:30 pm	**Word Key** DR= Dinning Room LR= Living Room SL= Social Lounge A & C RM= Arts & Craft Room FE= Front Entrance	ALL ACTIVITIES ARE SUBJECT TO CHANGE & ALL OUTINGS ARE WEATHER PERMITTING!				**1** 9:45 Morning Fitness -SL 10:00 Nail Spa – A& C RM 12:00 Rummikub-LR 2:00 Lawn Bowling – SL 3:00 Bingo - A & C RM
2 9:45 Morning Fitness -SL 10:20 Outside Trivia –FE 11:15 am* Catholic Mass-St. Francis & Dunkin D. Trip -L 2:00 Rummikub! - LR 3:00 Basketball HORSE game– SL	**3** 9:45 Morning Fitness-SL *10:15 Out Trip to: Shoprite -Lobby* 1:30 "The Godfather " -C 3:15 Fuzzy Coloring–A&C RM	**4** 9:30 Massage Therapy - LR 9:45 Resident Activity Sign-Up - SL 10:20 Morning Fitness -SL 2:00 *Resident Council* –DR 3:00 Karaoke Party! - SL	**5** 9:45 Morning Fitness W/Margaret -SL *11:00 Out-trip: Community Ice Cream – L* 2:00 *Lawn Bowling– Sl* 3:00 Bingo! - A & C Room 6:00 Painting Suncatcher –LR	**6** 9:45 Morning Fitness-SL 10:20 "Never Have I Ever" & Coffee – SL 2:00 Menu Planning -DR 3:15 Live Music by Peter- SL	**7** 9:45 Morning Fitness -SL 10:20 Lawn Bowling –SL 2:00 Rosary –SL 3:15: Ice cream Social–B	**8** 9:45 Morning Fitness -SL 10:00 Nail Spa – A& C RM 12:00 Rummikub-LR 2:00 *Uno Card Game–SL* 3:00 Bingo - A& C RM
9 9:45 Morning Fitness -SL 10:20 "Never Have I Ever" & Coffee – SL 2:00 Uno Card Game - LR 3:00 Basketball HORSE game– SL	**10** 9:45 Morning Fitness-SL *10:30** Catholic Mass In House by St. Helena– SL 1:30 "Rocky" -C 3:15 Scrabble Game – SL	**11** 9:45 Resident Activity Sign-Up - SL 10:20 Morning Fitness -SL 2:00 *Sand Art– A &C Room* 3:00 Karaoke Party! - SL	**12** 9:45 Morning Fitness -SL 10:20 Word Chain Game YT –SL *2:00 Residential Monthly Birthday Party – B* 3:00 Bingo! - A & C Room	**13** 9:45 Morning Fitness- SL 10:20 Trivia and Coffee– Bistro 2:00 Summer Penguin Craft – A&C RM 3:15 Wii Bowling - SL	**14** 9:45 Morning Fitness -SL *10:00– Keansburg Beach Day!!* 	**15** 9:45 Morning Fitness -SL 10:20 Music Nature Walk–L 12:00 Nail Spa -LR 11:00 Men's Out trips: Buffalo Wild Wings -Lobby 2:00 Wii Sports– SL
16 9:45 Morning Fitness -SL 10:20 Outside Trivia –FE 11:15 am* Catholic Mass-St. Francis & Dunkin D. Trip -L 2:00 Rummikub! - LR 3:00 Basketball HORSE game - A & C RM	**17** 9:45 Morning Fitness - SL *10:15 Out Trip to: Trader Joes -Lobby* 1:30 "Jaws" -C 3:15 Fuzzy Coloring–A&C RM	**18** 9:45 Resident Activity Sign-Up - SL 10:20 Name that Logo– SL 2:00 Paint a Sea shell –A&C RM 3:00 Karaoke Party! - SL	**19** 9:45 Morning Fitness W/Margaret -SL 11:00 Lunch trip: Deli King– L 2:00 Beach Volleyball -SL 3:00 Bingo! - A & C Room	**20** 9:45 Morning Fitness- SL 10:20 Painting Suncatcher - SL 2:00 Chair Yoga – SL 3:15 Wii Bowling - SL	**21** 9:45 Morning Fitness -SL 10:20 Corn Hole –A & C RM 2:00 Rosary –SL 3:15: Rainbow Pudding Eating time –B	**22** 9:45 Morning Fitness-SL 10:00 Nail Spa – A& C RM 12:00 Rummikub-LR 2:00 *Uno Card Game–SL* 3:00 Bingo - A& C RM
23 9:45 Morning Fitness-SL 10:20 "Never Have I Ever" & Coffee – SL 11:15 am* Catholic Mass-St. Francis &Dunkin D. Trip -L 2:00 Uno Card Game - LR 3:00 Basketball HORSE game - A & C RM	**24** 9:45 Morning Fitness- SL *10:15 Out Trip to: Dollar Tree -Lobby* 1:30 " Field of Dreams " -C 3:15 *Candy Bags for Mental Health – A & C RM*	**25** 9:45 Resident Activity Sign-Up - SL 10:20 Morning Fitness -SL 2:00 *Sand Art– A &C Room* 3:00 Karaoke Party! - SL	**26** 9:45 Morning Fitness W/Margaret -SL *10:20 PB & J Sandwiches –B* 2:00 *Lawn Bowling– Sl* 3:00 Bingo! - A & C Room	**27** 9:45 Morning Fitness- SL 10:20 Trivia and Coffee– Bistro 11:30 Beach Party W/ Estere–DR 2:00 Painting Suncatcher - SL 3:15 Wii Bowling - SL	**28** 9:45 Morning Fitness -SL 10:20 Corn Hole –SL 2:00 Rosary –SL 3:15 Soda Float Social –Bistro	**29** 9:45 Morning Fitness -SL 10:00 Nail Spa – A& C RM 12:00 Rummikub-LR 10:20 Lawn Bowling –SL 3:00 Bingo - A & C RM
30 9:45 Morning Fitness -SL 10:20 Outside Trivia –FE 11:15 am* Catholic Mass-St. Francis & Dunkin D. Trip -L 2:00 Rummikub! - LR 3:00 Basketball HORSE game - A & C RM	**31** "Make Kindness Bloom Monday"	"Kindness is Contagious Tuesday "	"Wellness Through Kindness Wednesday"	"Hands of Kindness Thursday "	"Kindness Looks Good on You "	

MEMORY CARE ACTIVITY CALENDAR

Complete Care at Whispering Woods August- 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Food Service Schedule: Breakfast: 7:30am- 9:30 am Lunch: 12:00am –1:30pm Dinner: 5:00 pm-6:30pm	**Word Key** DR=Dinning Room LR= Living Room AL SL =AL Social Lounge AL B=AL Bistro CY= Courtyard		**Afternoon Activities** **Monday :** 5:30 Coloring Therapy– DR 6:30 Night Refreshment-LR **Wednesday:** 5:30 Snack cart– LR 6:30 Movie of your choice– DR		ALL ACTIVITIES ARE SUBJECT TO CHANGE & ALL OUTINGS ARE WEATHER PERMITTING!	**1** 10:00 Morning fitness! - LR 10:30 Dessert Trivia- LR 11:00 Corn Hole Toss - DR 1:30 Nature Walk -CY 2:30 Pudding Decorating - DR 3:30 Hydration & Snack - LR
2 10:00 Morning fitness! - LR 10:30 Group Bowling–LR11:0 Catholic Mass– LR 1:30 Nails and music –DR 2:30 Uno Card game - LR 3:30 Hydration & Snack - LR	**3** 10:00 Morning fitness! - LR 10:30 Calendar Chat - LR 11:15 Bible Study W/ Kathy-LR 1:30 Summer Bingo –DR 2:30 Rummikub-DR 3:30 Refreshment Cart –LR	**4** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Corn Hole Toss - DR 11:00 Group Bowling–LR 1:30 Guess the place –DR 2:20 Penguin Summer Craft -LR 3:30 Refreshment Cart - LR	**5** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Coffee & Memory Chat " Fav Summer Memory"– DR 1:30 "50 First Dates" Movie -LR 2:20 Ring Toss -LR 3:30 Refreshment Cart - LR	**6** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Group Bowling–LR 1:30 Beaty Station –LR 2:20 Ladder toss-LR 3:30 Refreshment Cart - LR	**7** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Nail Spa –DR 11:30 Happy Dayz Ice cream-L 1:30 Fuzzy Coloring -LR 2:00 Rosary-LR 3:30 Ice Cream Frenzy - LR	**8** 10:00 Morning fitness! - LR 10:30 Summer Triva- LR 11:00 Group Bowling–LR 1:30 Nature Walk -CY 2:20 Suncatcher-DR 3:30 Hydration & Snack - LR
9 10:00 Morning fitness! - LR 10:30 Corn Hole - LR 11:00 Catholic Mass– LR 1:30 Nails and music –DR 2:30 Coloring Therapy - DR 3:30 Hydration & Snack - LR	**10** 10:00 Morning fitness! - LR 10:30 Name That 50'Place- LR 11:15 Catholic Communion -LR 1:30 Summer Bingo –DR 2:30 Rummikub-DR 3:30 Refreshment Cart - LR	**11** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Corn Hole Toss - DR 11:00 Group Bowling–LR 1:30 Guess the person –DR 2:20 Suncatcher Painting -LR 3:30 Refreshment Cart - LR	**12** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Coffee & Memory Chat "Favorite Beach Memory"– DR 1:30 Fuzzy Coloring -LR 2:00 Resident Monthly Birthday Party w/ Andy – DR 3:30 Refreshment Cart - LR	**13** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Group Bowling–LR 1:30 Beaty Station –LR 2:20 Suncatcher-DR 3:30 Refreshment Cart - LR	**14** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Nail Spa –DR 1:30 Fuzzy Coloring -LR 2:00 Rosary-LR 3:30 Soda Float Frenzy - LR	**15** 10:00 Morning fitness! - LR 10:30 50' Trivia- LR 11:00 Corn Hole Toss - DR 1:30 Nature Walk -CY 2:30 Pudding Decorating - DR 3:30 Hydration & Snack - LR
16 10:00 Morning fitness! - LR 10:30 Group Bowling–LR 11:00 Catholic Mass– LR 1:30 Nails and music –DR 2:30 Uno Card game - LR 3:30 Hydration & Snack - LR	**17** 10:00 Morning fitness! - LR 10:30 Name That Tune - LR 11:15 Bible Study W/ Kathy-LR 1:30 Summer Bingo –DR 2:30 Rummikub-DR 3:30 Refreshment Cart - LR	**18** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Corn Hole Toss - DR 11:00 Group Bowling–LR 1:30 Guess the person–DR 2:20 Pb & J Sandwich Club -LR 3:30 Refreshment Cart - LR	**19** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Coffee & Memory Chat "Funniest Life Moment"– DR 1:30 "John Wayne" Movie-LR 2:20 Ring Toss -LR 3:30 Refreshment Cart - LR	**20** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Group Bowling–LR 1:30 Beaty Station –LR 2:20 Ladder toss-LR 3:30 Refreshment Cart - LR	**21** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Nail Spa –DR 11:30 Sherban Diner-L 1:30 Fuzzy Coloring -LR 2:00 Rosary-LR 3:30 Ice Cream Frenzy - LR	**22** 10:00 Morning fitness! - LR 10:30 Dessert Trivia- LR 11:00 Group Bowling–LR 1:30 Nature Walk -CY 2:30 Pudding Decorating - DR 3:30 Hydration & Snack - LR
23 10:00 Morning fitness! - LR 10:30 Corn Hole - LR 11:00 Catholic Mass– LR 1:30 Nails and music –DR 2:30 Coloring Therapy - DR 3:30 Hydration & Snack - LR	**24** 10:00 Morning fitness! - LR 10:30 Name That Tune - LR 11:15 Bible Study W/ Kathy-LR 1:30 Summer Bingo –DR 2:30 Rummikub-DR 3:30 Refreshment Cart - LR	**25** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Group Bowling–LR 1:30 Guess the person–DR 2:20 Pb & J Sandwich Club -LR 3:30 Refreshment Cart - LR	**26** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Coffee & Memory Chat "Favorite Carnival Memory"– DR 1:30 "Sabrina" Movie-LR 2:20 Ring Toss -LR 3:30 Refreshment Cart - LR	**27** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:30 Beach Party BBQ w/ Norine–LR 2:20 Suncatcher-DR 3:30 Refreshment Cart - LR	**28** 10:00 Chair Exercise - LR 10:30 Calendar Chat - LR 11:00 Nail Spa –DR 1:30 Fuzzy Coloring -LR 2:00 Rosary-LR 3:30 Soda Float Frenzy - LR	**29** 10:00 Morning fitness! - LR 10:30 Beach Trivia- LR 11:00 Corn Hole Toss - DR 1:30 Nature Walk -CY 2:30 Pudding Decorating - DR 3:30 Hydration & Snack - LR
30 10:00 Morning fitness! - LR 10:30 Group Bowling–LR 11:00 Catholic Mass– LR 1:30 Nails and music –DR 2:30 Uno Card game - LR 3:30 Hydration & Snack - LR	**31** 10:00 Morning fitness! - LR 10:30 Name That Tune - LR 11:15 Bible Study W/ Kathy-LR 1:30 Summer Bingo –DR 2:30 Rummikub-DR 3:30 Refreshment Cart - LR					COMPLETECARE WHISPERING WOODS