

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Spanish Omelet	Scrambled Eggs	Pancakes	Cheese Blintzes	French Toast	Scrambled Eggs	Cheese Omelet
Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Sausage
Always Available Eggs (any style)	Always Available Eggs (any style)	Always Available Eggs (any style)	Always Available Eggs (any style)	Always Available Eggs (any style)	Always Available Eggs (any style)	Always Available Eggs (any style)
Cold Cereals	Cold Cereals	Cold Cereals	Cold Cereals	Cold Cereals	Cold Cereals	Cold Cereals
Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup
Applesauce	Applesauce	Applesauce	Applesauce	Applesauce	Applesauce	Applesauce
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup Barley Mushroom	Soup Hearty Veggie	Soup Minestrone	Soup French Onion	Soup Matzo Ball	Soup Cream of Mushroom	Soup Corn Chowder
Salisbury Steak with Gravy Vegetables Mashed Potatoes	Turkey Sandwich Vegetables Mashed Potatoes	Shrimp Fried Rice Broccoli Eggroll Vegetables Mashed Potatoes	Chicken Salad Vegetables Mashed Potatoes	Philly Cheese Steak Vegetables Mashed Potatoes	Breaded Fish Corn Rice Mashed Potatoes	Chicken Cacciatore Three Bean Salad Mashed Potatoes
Grilled Ham and Cheese Sandwich with Tomato Vegetables Mashed Potatoes	Breaded Fish Vegetables Mashed Potatoes	Chicken Tenders Vegetables Mashed Potatoes	Meatloaf w/ Gravy Vegetables Mashed Potatoes	Tuna Melt with Cheese Vegetables Mashed Potatoes	Chef Salad Corn Rice Mashed Potatoes	Sewed Beef Three Bean Salad Mashed Potatoes
Dessert Jello	Dessert Apple Pie	Dessert Mixed Fruit	Dessert Banana Pudding	Dessert Apple Sauce	Dessert Banana Pudding	Dessert Vanilla Pudding
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup Barley Mushroom	Soup Heart Veggie	Soup Minestrone	Soup French Onion	Soup Matzo Ball	Soup Cream of Mushroom	Soup Corn Chowder
Cod Vegetables Mashed Potatoes	Pork Stew Vegetables Mashed Potatoes Rice	Spaghetti and Meatballs Vegetables Mashed Potatoes	Beef Chili Vegetables Mashed Potatoes Rice	Cod Vegetables Mashed Potatoes	Shepherd's Pie Vegetables Mashed Potatoes	Salmon Vegetables Mashed Potatoes
Mushroom Quiche Vegetables Mashed Potatoes	Baked Salmon Vegetables Mashed Potatoes Rice	Flounder Florentine Vegetables Mashed Potatoes	Tortellini Vegetables Mashed Potatoes Rice	Ravioli Vegetables Mashed Potatoes	French Bread Pizza Vegetables Mashed Potatoes	Cheese and Broccoli Quiche Vegetables Mashed Potatoes
Dessert Mixed Fruit	Dessert Assorted Cake	Dessert Assorted Cake	Dessert Vanilla Pudding	Dessert Chocolate Pudding	Dessert Oatmeal Rasin Cookies	Dessert Assorted Cookies