

ASSISTED LIVING
ACTIVITY CALENDAR

Complete Care at Whispering Woods - February 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:45 Morning Fitness-SL 10:20 Board Games - FE 11:15* Catholic Mass -St. Francis Cathedral/ Dunkin Donuts Trip 3:00 Bingo - A & C RM	2 <u>Groundhog Day!</u> 9:45 Morning Fitness - SL 10:15 Frank's Trivia -SL 1:30 Movie-Ground Hog Day" -C 3:00 Creative Writing W/ Joanne - 3rd floor Library 5:00 Rummikub-LR 6:00 Guy Wii Bowling-SL	3 9:45 Resident Activity Sign-UP-SL 10:30 Trivia -SL 1:15 Sip and Paint -AC 2:00 Board Game of your choice L 3:00 Karaoke Party! - SL	4 9:45 Morning Fitness 10:20 Unscramble The words -B 1:30 Movies 3:00 Bingo! - A & C RM 6:30 Rummikub- LR 7:30 Brain Teaser	5 9:30 Morning Fitness-SL 10:20 Trivia and Coffee- SL 2:00 FCCLA Club -AC 3:15 Guy Wii Bowling - SL 4:15 Rummikub -3f game room	6 <u>Rose day!</u> 9:45 Morning Fitness -SL 10:30 Nail Spa -AC 1:30 Creative Painting -A&C 2:00 Rosary-SL 3:15 Happy Hour -B	7 9:45 Morning Fitness -SL 10:00 Coffee & Hot chocolate social-B 10:30 Brain Teaser -B 1:30 Board Game Of Your Choice -GR 2:00 Guy Wii Bowling - SL 3:00 Bingo -A&C
8  9:45 Morning Fitness-SL 10:20 Trivia -FE 1:30 Word Search - AC 3:00 Bingo - A & C R 6:00 60th Super Bowl -SL	9 <u>Chocolate Day!</u> 9:45 Morning Fitness- SL 10:15 Catholic Mass in House by St.Helen -SL 1:30 Movie-" The Lost Valentine " -C 3:00 Creative Writing W/ Joanne - 3rd floor Library 5:00 Rummikub-LR 6:00 Guy Wii Bowling-SL	10 <u>Teddy Bear Day</u> 9:30 Massage Therapy w/ Cheryl- LV 9:45 Resident Activity Sign-UP-SL 10:30 Trivia -SL 1:30 Craft -AC 2:00 Residential Monthly Entertainment By Efrat -SL 8- Day Party 3:00 Karaoke Party! - SL	11 <u>Promise Day!</u> 9:45 Morning Fitness 10:15 Guess The Words- B 1:30 Movie 2:00 Trivia -B 3:00 Bingo! -AC 6:30 Rummikub- LR 7:30 Brain Teaser	12 <u>Hug Day!</u> 9:45 Morning Fitness 10:30 Creative Notion -A&C RM 1:30 Hot Chocolate & Coffee -B 2:00 - Resident Council- DR 3:00 bingo A&C	13 <u>Kiss Day!</u> 9:45 Morning Fitness -SL 10:30 Nail Spa -AC 1:30 Entertainment By Florian Schantz band /Valentine's Day Party -DR 2:00 Rosary-S 3:15 Happy Hour-B	14 <u>Happy Valentine's Day!!!!</u> 9:45 Morning Fitness -SL 10:00 Coffee & Hot chocolate social-B 10:30 Valentine Trivia-B 1:30 Board Game Of Your Choice -GR 3:00 Bingo - A&C
15 9:45 Morning Fitness-SL 10:20 Board Games - FE 11:15* Catholic Mass -St. Francis Cathedral/ Dunkin Donuts Trip 3:00 Bingo - A & C RM	16 <u>President's Day!!!</u> 9:45 Morning Fitness -SL 10:15 Out Trip to: Shoprite-L 1:30Movie- White House Down " -C 3:00 Creative Writing W/ Joanne - 3rd floor Library 5:00 Rummikub-LR 6:00 Guy Wii Bowling-SL	17 9:45 Resident Activity Sign-Up -SL 10:30 Trivia -SL 1:15 Sip & Paint -AC 2:00 Menu Planning -DR 3:00 Karaoke Party! Music By Theresa- SL	18 <u>Ash Wednesday</u> 9:45 Morning Fitness 10:20 Rabbie Vicki Axe -SL 1:30 Hot Chocolate & Coffee -B 3:00 Bingo! - A & C RM 6:30 Rummikub- LR 7:30 Brain Teaser	19 <u>YOGA</u> 9:45 Resident Activity Sign-UP-SL 10:30 Trivia -SL 1:30 Sip & Paint -AC 2:00 Chair Yoga - SL 3:15 Wii Bowling -SL	20 9:45 Morning Fitness -SL 10:30 Sweet & Sassy & Mens Club Order in Meet in_SL 1:30 Creative Painting -A&C- A&C 2:00 Rosary -SL 3pm Happy Hour -B	21 9:45 Morning Fitness -SL 10:00 Coffee & Hot chocolate social-B 10:30 Funny Trivia-B 1:30 Board Game Of Your Choice -GR 3:00 Bingo - A&C
22 9:45 Morning Fitness-SL 10:20 Board Games - FE 11:15* Catholic Mass -St. Francis Cathedral/ Dunkin Donuts Trip 3:00 Bingo - A & C RM	23 <u>DOLLAR TREE</u> 9:45-Morning Fitness -SL 10:15 Dollar Tree -L L 1:30 Movie Seems Like Old Times"-C 3:00 Creative Writing W/ Joanne - 3rd floor Library 5:00 Rummikub-LR 6:00 Guy Wii Bowling-SL	24 9:30 Massage Therapy W/ Cheryl 9:45 Resident Activity Sign-Up -SL 10:30 Trivia -SL 1:15 Sip & Paint -AC 3:00 Karaoke Party! Music By Frank Welcome Back !!- SL	25 9:45 Morning Fitness 10:20 Unscramble The words -B 1:30 Movie 3:00 Bingo! - A & C RM 6:30 Rummikub- LR 7:30 Brain Teaser	26 9:30 Morning Fitness-SL 10:20 Trivia and Coffee- SL 1:30 True of False -B 2:00 Trivia -SL 3:15 Guy Wii Bowling - SL	27 9:45 Morning Fitness -SL 10:30 Order in for everyone !!! 1:30 Creative Painting -A&C-A&C 2:00 Rosary-SL 3:15 Hot Cocoa and Tea Social / Fun Trivia b	28 9:45 Morning Fitness 10:00 Coffee & Hot chocolate social-B 10:30 Funny Trivia-B 1:30 Board Game Of Your Choice -GR 3:00 Bingo - A&C 
					ALL ACTIVITIES ARE SUBJECT TO CHANGE & ALL OUTINGS ARE WEATHER PERMITTING!	<u>Food Service Schedule:</u> Breakfast: 7:30 am - 9:15 am Lunch: 11:15 am - 1:30 pm Dinner: 4:15 pm - 6:30 pm 